

## **PRACTICAL ISSUES**

The practical issues you may have to deal with as you transition to civilian life include where you will live and what work you will do (if you choose to or need to work). You will also likely be finding healthcare and life insurance, which formerly may have been covered through your military service. You will also want to find out what, if anything, will be covered by the VA benefits that may become available to you and your family. And finally, it's helpful to give thought to upcoming changes in your relationships.

Check off the issues that apply to you and your family:

Gamma Will you stay in the same g	general community?	
Uill you relocate to anothe	er town, city, state, or country?	
☐ Will you rent?	Buy?	
Live with relatives?	Other	
Insurance		
Life insurance		
Health insurance		
Homeowners or rental insu	urance	
Other (long-term care insu	urance, disability insurance, etc.)	
Work or Other Activities		

Do you have a job lined up?

□ If you plan to find work, what kind of work do you want to do?

□ If you do not plan to work, what do you plan to do?

## Relationships

Reconnecting with family and friends

Staying connected to your military family

Look over your answers. Wherever you have a check mark, you now have a focus for your efforts in transitioning to civilian life.

MCA Product No. 1391 - A Change and Challenge Workbook For Military Families: Transitioning To Civilian Life © 2011 by Military Community Awareness, www.4MCA.com